

Rotary



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ROTARY CLUB OF MUMBAI WEST COAST

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RI President - Francesco Arezzo

District Governor - Dr. Manish Motwani

Club President - Rtn. Mithoon Gada

Club Secretary - Rtn. Rajesh Kushte

CNN Editor - Rtn. Machindra Borhade

President writes....



Dear Club Members,

As Rotarians, we are united by our shared commitment to "Service Above Self." Our achievements are not isolated events, but the continuous result of pooling our

resources, expertise, and passion to create lasting change in our local community and beyond.

Throughout the year, our club has created remarkable impact through the following initiatives under Rotary Service Week and Member Achievements:

1. Eye and Health Check-up Camp – Benefiting over 165 people and helping build awareness and understanding within the community.

2. Senior Citizens' Engagement – Connecting with and supporting senior citizens, making them an important part of our global mission of service.

3. Blood Donation Camp – More than 40 bottles of blood collected, as blood is the need of the hour.

4. Support for the Specially Abled – Assisting children by improving access to healthcare and supporting education and literacy initiatives that empower individuals and strengthen communities.

5. Vocational Awards – Recognizing and honouring individuals who selflessly contribute to social welfare and community service.

6. Women's Health Check-up Camp – Conducting essential tests, including cervical cancer screening, helping in early detection and reinforcing our duty to care for women's health.

7. Happy Street Initiative – Through various creative activities and joyful interactions for all age groups, Happy Street truly reflected the spirit of unity, happiness, and human values.

Each project, whether big or small, has created a meaningful difference and touched lives in a positive way. These accomplishments truly reflect our identity as "People of Action" and

our unwavering dedication to doing good in the world.

We encourage all members to share these inspiring stories of impact and motivate others to join our mission, so that together we can achieve even greater heights in the future.

Regards,

Mithoon Gada

President 2025–26,

Rotary Club of Mumbai West Coast

The Editor's Desk



Dear Rotarians and Rotaractors,

In a world that often needs healing, our hands become instruments of change and our hearts become homes of hope. Every smile we bring, every life we uplift, and every community we strengthen reminds us that true leadership is found in service.

Our journey is not measured only by the projects we complete, but by the compassion we show, the unity we build, and the inspiration we leave behind. Together, we are turning kindness into action and action into lasting impact.

As we move forward, let us continue to serve with courage, empathy, and dedication, guided by our shared belief in Service Above Self. Let our efforts be the light that leads others towards a better tomorrow. For when we serve together, we truly create a world filled with hope, dignity, and purpose.

Yours in Rotary,

Machindra Borhade

CNN Editor

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The Month That Was

10th October 2025 : Diwali Party at Green Village Resort, Marve

The Rotary Club of Mumbai West Coast organized a joyful Diwali Party at Green Village Resort, Marve Road on 10th October 2025. The celebration was filled with fun, fellowship, and festive spirit.

Club President Rtn. Mithoon Gada, Rtn. Rajesh Kushte, along with several club members, graced the occasion and actively participated in the celebrations. Members arrived in beautiful traditional attire, adding charm and colour to the evening.

The event began with fun games from 7:30 pm to 8:30 pm, followed by soothing live music and ghazal performances, which created a delightful and memorable atmosphere. The evening provided a wonderful opportunity for bonding and celebrating Diwali together as one Rotary family.

The Diwali Night Celebration was thoroughly enjoyed by all and strengthened the spirit of fellowship among the members.



Smiles, sparkle, and togetherness — our Rotary family celebrating Diwali in true festive spirit

12th October 2025: Polio Immunization Drive at Asmita Jyoti, Malad

Our club proudly observed National Polio Immunization Day on 12th October 2025 at Asmita Jyoti, Malad.

Under the able leadership of Director – Polio Plus Rtn. Vishnudas Bhat, fondly known as 'The Polio Man' of our club, the team successfully immunized around 175 children against polio. This project holds a special place in his heart, as he has been passionately leading it for the past 14 years, contributing immensely towards Rotary's mission of a Polio-Free World.

President Rtn. Mithoon Gada, Rtn. Ajay Balan, along with Rotaractors and several dedicated volunteers, actively participated in this noble cause.

Together, we reaffirm our club's commitment to eradicating polio and ensuring a healthier future for all children.

2nd November 2025: Health Check-Up Camp at Arihant Industrial Estate, Goregaon

The Rotary Club of Mumbai West Coast successfully organised an Eye, Health Check-Up and Cataract Detection Camp on Sunday, 2nd November 2025, at Arihant Industrial Estate, Goregaon (West).

The camp was conducted with the generous support of Sergeant-at-Arms Rtn. Dhansukh Panchal, who provided his office premises and extended whole-hearted assistance for the smooth arrangement of the camp. The initiative was led by Project Chair Rtn. Jyotsna Gaikwad under the guidance of Club President Rtn. Mithoon Gada.

The programme marked an inspiring beginning of Rotary Service Week (RSW). A total of 127 patients were examined, including a few Rotarians. Medical services provided during the camp included general health check-ups, ECG, blood pressure, random blood sugar tests, skin care consultation, eye check-ups, BMI assessment, and cataract detection. Cataracts were detected in 16 patients.

The success of the camp was made possible due to the strong support and guidance of President Rtn. Mithoon Gada, Secretary Rtn. Rajesh Kushte, and Admin Rtn. Ajay Balan. The club's dedicated doctors' team—Dr. Nilima Inamdar, Dr. Arun Chaudhari, and Dr. Neelam—played a vital role in delivering quality medical services.

Special thanks were extended to Dr. Prajakta Talathi, Dr. Eesha Gokhle, Dr. Arun Chaudhari, Dr. Dhanashree Mane, Dr. Shubham Chaturvedi, and the staff of Bhakti Vedant Hospital for their valuable support. The SG Fitness Wellness Center team also contributed by conducting BMI checks and offering health-related guidance.

Heartfelt congratulations were extended to Project Chair Rtn. Jyotsna Gaikwad for her tireless efforts and meticulous planning, which resulted in the grand success of the camp under the able leadership of President Rtn. Mithoon Gada.

The initiative truly reflected the Rotary spirit of 'Service Above Self' and RSW Day 1 concluded with immense satisfaction, enthusiasm, and pride.





Amazing work by West coasters!
Thank you all for your timely support.

3rd November 2025: Cybercrime Awareness Session at Malad Rotary Centre

The Rotary Club of Bombay Kandivli, along with its co-host clubs—Rotary Club of Bombay North-West Malad, Rotary Club of Mumbai West Coast, and Rotary Club of Mumbai Elegant Plus—successfully organised a Cybercrime Awareness Session on Monday, 3rd November 2025, from 3:00 pm to 6:00 pm at the Rotary Centre, Malad.

The session was conducted in collaboration with CyberFraudRoko, with a special focus on protecting senior citizens and empowering the community against the growing threats of cybercrime. The programme aimed to create awareness about common digital frauds, online scams, and preventive measures to ensure safer use of technology.

The speakers from CyberFraudRoko shared valuable insights through real-life examples, practical demonstrations, and simple safety tips. Senior citizens actively participated in the session and appreciated the easy-to-understand guidance on identifying fraudulent calls, suspicious messages, phishing links, and adopting safe digital practices.

The programme was held under the guidance of Rtn. Dr. Manish Motwani, District Governor; Rtn. Dr. Indumati Gopinathan, Group Avenue Head – RSW; and Rtn. Rajendran Unnikrishnan, Avenue Chairperson – RSW. The event received strong support from the Presidents of the participating clubs—Rtn. Prashaant Mishra, Rtn. Pankaj Gupta, Rtn. Karan Gupta, and Rtn. Mithoon Gada.

Rotary Club of Mumbai West Coast played an active

role as a Co-Host for the Cybercrime Awareness Session. Rtn. Mithoon Gada, Dr. Neelima Inamdar, and several club members were present and extended their support towards the successful conduct of the programme.

The project was efficiently coordinated by Project In-charge Rtn. Vijay Vyas, with valuable leadership and encouragement from RSW Chairpersons Rtn. Neelima Tiwari and Rtn. Krishna Chaturvedi.

The session concluded with a strong message: "Awareness Today = Safety Tomorrow." The initiative was highly appreciated by the participants and reinforced Rotary's continued commitment to community welfare and digital safety.



President Rtn. Mithoon Gada, Dr. Nilima Inamdar, and members of the Rotary Club of Mumbai West Coast during the Cybercrime Awareness Session at Rotary Centre, Malad

4th November 2025: Blood Donation Camp at Goregaon Station

The Rotary Club of Mumbai West Coast successfully organized a Blood Donation Camp on 4th November 2025 at Goregaon Station as part of Rotary Service Week. The camp was efficiently coordinated under the guidance of Project Chair, Rtn. Ganesh Kadam.

President Rtn. Mithoon Gada, along with Rtn. Ajay Balan and Rtn. Jyotsna Gaikwad, actively participated and supported the initiative. We also acknowledge the presence of Rtn. Vishnu Bhat, Rtn. Sunita, Dr. Neelam, and Rtn. Shruti, who visited the camp and encouraged donors.

The initiative was warmly appreciated by the community and highlighted the club's ongoing commitment to social welfare and saving lives through blood donation.



President Rtn. Mithoon Gada and Project Chair Rtn. Ganesh Kadam with doctors at the Blood Donation Camp, Goregaon Station, inspiring the community to save lives

5th November 2025: Health Check-Up Camp at Datt Maternity and Nursing Home, Goregaon (W)

On 5th November 2025, the Rotary Club of Mumbai West Coast organised a Health Check-Up Camp at Datt Maternity and Nursing Home, Goregaon (W). The camp focused on cervical cancer screening, thyroid check-up, breast check-up, anaemia assessment, and bone marrow density testing, and was held from 9:30 AM to 1:00 PM.

The camp was efficiently coordinated under the guidance of Project Chair Dr. Nilima Inamdar, with support from RI President Francesco Arezzo, DG Rtn. Dr. Manish Motwani, Rtn. Indumati Gopinathan, and Rtn. Rajendra Unnikrishnan.

A total of 59 women were examined during the camp. Club President Rtn. Mithoon Gada and Medical Director Dr. Nihar Thakker extended their gratitude for the active participation and support of all Westcoasters. The day was highly satisfying, reflecting the club's commitment to community health.

7th November 2025: Unsung Heroes – Vocational Awards, Rotary Service Week at Y B Chavan Auditorium, Nariman Point

The Unsung Heroes 2025 Vocational Awards Program was held on 7th November at Y B Chavan Auditorium, Nariman Point, as part of Rotary Service Week. The event felicitated individuals who have made significant contributions to the community.

DG Rtn. Dr. Manish Motwani honored the Unsung Heroes for their generous support and outstanding work, making the event a resounding success. Club members in large numbers attended the program.

Our Club President, Rtn. Mithoon Gada, and club member Rtn. Vishal Mundra were felicitated by RI District Governor Rtn. Dr. Manish Motwani for their remarkable service to the community.



Honouring Excellence – Club President Rtn. Mithoon Gada felicitated by DG Rtn. Dr. Manish Motwani at the Unsung Heroes Program

8th November 2025: Eye & Hemoglobin Check-Up Camp at Saraf College

The Rotary Club of Mumbai West Coast organised an Eye & Hemoglobin Check-Up Camp for the Rotaract Club of Saraf College on 8th November 2025. Around 150 students benefitted from the camp.

We sincerely thank Dr. Nilima Inamdar for her support, Dr. Eesha Gokhale for conducting the eye check-ups, and Dr. Neelam for carrying out the blood tests. Special appreciation goes to Rtn. Rajesh Kushte for his gracious presence and support.





Screen, Support, Smile – A successful Eye & Hemoglobin Check-Up Camp for students

13th November 2025: Speaker Meeting at Trento Banquet Hall, Goregaon (W)

A Speaker Meeting was held on 13th November 2025 at Trento Ozone, Goregaon (W). The guest speaker was Chartered Accountant Rakesh Kapoor. He spoke on Family Will and Trust.

The meeting was a wonderful fellowship gathering, filled with warmth and lively interactions. The speaker's topic was engaging and thought-provoking, sparking meaningful discussions and active participation from all members.



Celebrating Wisdom – Speaker CA Rakesh Kapoor honoured at Rotary Fellowship Meeting

15th November 2025: Srimad Bhagvad Gita Recitation Competition at Vidyaniketan School

The Rotary Club of Mumbai West Coast organized Srimad Bhagvad Gita Recitation Competition for school students on 15th November at Vidyaniketan School. Rtn. Jyotsna Gaikwad chaired this unique project, beautifully designed to promote Indian culture and encourage students and parents to explore our rich heritage.

The initiative was conceptualized by PDG Dr. Balkrishna Inamdar and received wholehearted support from the West Coasters family. A total of 25 students participated, successfully completing the given task.

A special thanks to Nilima Inamdar and PDG Dr. Bal Inamdar for awarding cash prizes to the winners. Congratulations to Project Chair Jyotsna Gaikwad and the entire team for their sincere efforts in making this inspiring project a reality.



Proud moments! Congratulations to all the winners and participants for celebrating our rich heritage!

22nd November 2025: Qui-Z-Est – Inter-Collegiate Quiz Competition at Ghanshyamdas Saraf College

The Rotary Club of Mumbai West Coast successfully conducted Qui-Z-Est, an Inter-Collegiate Quiz Competition, on 22nd November 2025 at Ghanshyamdas Saraf College. The event was beautifully organized by the Rotaract Club of Ghanshyamdas Saraf College under the guidance of Rtn. Ganesh Kadam, with wholehearted support from the Rotary Club of Mumbai West Coast. Congratulations to Rtn. Ganesh Kadam and team for this innovative and inspiring initiative!





Rtn. Ganesh Kadam and team shine with a successful Qui-Z-Est Quiz Competition – congratulations

29th November 2025: Nation Builder Award Ceremony at Ghanshyamdas Saraf College, Malad

The Rotary Club of Mumbai West Coast successfully organised the Nation Builder Award 2025 ceremony on Saturday, 29th November 2025, at the Auditorium of Ghanshyamdas Saraf College, Malad (West). This flagship project, now in its 10th consecutive year, honoured 108 outstanding primary and secondary school teachers from Goregaon, Malad, and neighbouring areas for their exemplary contribution to the field of education.

The programme commenced with Dr. Nilima Inamdar, Advisor – Nation Builder Award 2025, who presented the genesis and decade-long journey of the Nation Builder Award, highlighting its vision of recognising dedicated educators who exemplify commitment, integrity, and service.

PDG Dr. Balkrishna Inamdar delivered an inspiring address, reaffirming Rotary's mission of nation-building through education, leadership, and sustained community service.

The ceremony was graced by Rotary District 3141 District Governor Dr. Manish Motwani, who attended as the Chief Guest. In his address, he commended the consistent and impactful efforts of the Rotary Club of Mumbai West Coast and emphasised the vital role teachers play as true architects of national progress. Mr. Suhas B. Naik-Satam, Chief Executive Officer, Nehru Science Centre / National Centre for Science Communicators (NCSC), addressed the gathering and spoke eloquently on the transformative role of teachers in shaping values, aspirations, and the intellectual foundation of future generations. He appreciated Rotary's initiative for honouring educators whose dedication often remains unnoticed.

Teachers from municipal schools, aided schools, colleges, and special education institutions were among the award recipients. Each awardee was felicitated with a citation in recognition of innovative teaching practices, selfless service, and lifelong commitment to nurturing young minds.

The event reflected seamless planning, strong teamwork, and excellent coordination, showcasing the dedication and sincerity of the Nation Builder Award (NBA) Team. The cohesiveness and smooth execution of the programme stood testimony to the club's collective effort and leadership.

Heartfelt congratulations to President Rtn. Mithoon Gada, Secretary Rtn. Rajesh Kushte, Director Rtn. Reena, Project Chair Rtn. Meghna Kushte, and the entire NBA Team for organising such a meaningful and well-executed event.

The Nation Builder Award 2025 concluded with a reaffirmation of Rotary's motto, "Service Above Self," and a renewed commitment to strengthening educational excellence and community engagement.

Glimpses of NBA: A proud celebration of dedicated educators





Project Chair Rtn. Meghna Kushte inspiring and addressing the awardees



PDG Dr. Bal Inamdar warmly interacting with the awardees



Chief Guest DG Rtn. Dr. Manish Motwani interacting with the awardee teachers



Honourable guest Mr. Suhas Naik - Satam (CEO of Nehru Science Center) addressing the awardees

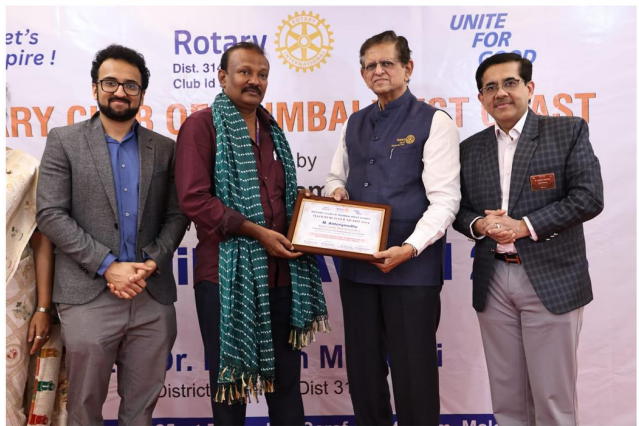


Dr. Nilima Inamdar sharing insights about our club's initiatives with the awardees



PDG Dr. Bal Inamdar felicitating Chief Guest DG Rtn. Dr. Manish Motwani during the award ceremony





Birthdays

13 November : Prakash Joshi

14 November : Rashmi Mahajan

16 November: Bharti Mehandarkar

18 November :Nilesh Vedant

21 November: Dr. Balkrishna Inamdar

25 November : Dimple Tanwar

30 November : Chidambar Rege



3 December :Dr.Nihar Thakkar

6 December : Ganesh Kadam

7 December : Rashmi Nagalkar

8 December : Neelam Patil

8 December : Sachin Shetty

8 December : Sunil Manocha

11 December : Mithoon Gada

23 December : Rajendrsinh Chauhan

24 December : Shruti Madiwale

24 December : Satish Thakur

25 December : Rajesh Kushte

27 December : Deepak Ladha



Wedding Anniversary November



18 November: Seemaa and Anil Negi

21 November: Rashmi and Pravin Mahajan

22 November: Paresh and Trupti Hanamshet

24 November : Narayanswamy and Geeta Mudaliar

1 December : Sunil Kumar and Geeta Manocha

2 December :Suniti and Avinash Kolhatkar

2 December : Vishal and Meenakshi Mundra

9 December : Abdul Baig and Anagha Parthe

11 December : Ajay and Indrani Balan

16 December :Rajan and Meeta Savani

21 December : Nilesh and Aaishani Vedant

22 December :Sadhna and Arun Gosavi


23 December : Shaila and Anil Vyas

24 December : Nihar and Rupali Thakkar

25 December: Mrs. Viraj Ajay Naik

26 December: Nilima and Balkrishna Inamdar

28 December: Saurabh and Khushbu Patel



Recognitions

*Congratulations,
Rtn. Vishalji !*



Rtn. Vishal Mundra was felicitated with the Unsung Heroes Vocational Award during Rotary Service Week at Y. B. Chavan Auditorium, Nariman Point, on 7th November. He was honoured by DG Rtn. Dr. Manish Motwani.

Small Steps, Big Impact: Saisha's Hair Donation for Cancer Patients



Saisha Paul, daughter of Sanyukta Paul, donated her hair today for cancer patients under Project Swaroop by Rotary Club of Mumbai West Coast, in association with V Care Foundation and Exhale7 Salon. Kudos to Project Chair Anjali Karandikar for the successful initiative, and thanks to Rtn. Sunita Shetty and Rtn. Meghana Kushte for their support.

Success, Thy Name Is Rotarian



*My Journey –
as an architect
Ar. Rashmi Nagalkar*

Hello dear Rotarians,
I am Rashmi Nagalkar, an architect by profession and a proud Rotarian.

Narrating my journey as an architect and reflecting back on the years takes me on a nostalgic trip. Since childhood, I always had an inclination and flair for creativity and design. Seeing beautiful, well-decorated homes always fascinated me.

Pursuing architecture was an obvious choice, and it gave me the opportunity to explore my creative skills and passion.

The early years after graduation were a blend of excitement and humility. Studio deadlines, meticulous drawings, and site visits developed patience and discipline. Working under senior architects helped me understand that architecture is as much about listening and observing as it is about creating.

Having practised for the last 25 years, I have seen how societal aspirations and circumstances have influenced and changed design trends. The post-COVID pandemic brought a major shift in requirements and design criteria. Additional rooms and balcony homes became a necessity rather than a luxury for many, eventually transforming the skyline of Mumbai.

The successful completion of redevelopment projects, seeing the happiness of residents, and receiving their blessings has always been the most satisfying experience for me.

This profession has transformed me in many ways by developing patience, observation, travel exposure, and the ability to adapt to different places and people.

I am passionate about our cultural heritage, and conducting heritage walks and educating people about the glorious history of our city is a joyful experience for me. Music and travelling to offbeat places are my favourite pastimes and sources of rejuvenation.

In 2022, I took a new step by joining the Rotary Club of Mumbai West Coast. Being a part of Rotary has given me a wider perspective on Service Above Self.

It has enriched my life with beautiful friends who have become family. I got the opportunity to conduct a heritage walk in South Mumbai during the presidentship of Rtn. Sangita Chauhan. The appreciation and support we receive from club members keeps us motivated and creates a strong bond. Joining Rotary has helped me boost my confidence and skills. It has given a deeper purpose to life and helped me realise that real happiness lies in the art of giving and serving society. My sincere thanks for giving me this opportunity to share my story. I look forward to continuing a more meaningful and inspiring journey ahead with Rotary. Yours truly,
Rtn. Ar. Rashmi Nagalkar

Rotary Stories (International)



Rotary member Michael McGovern selected chair of the Global Polio Eradication Initiative's oversight board

Michael K. McGovern, a member of the Rotary Club of South Portland-Cape Elizabeth, Maine, USA, has been selected to chair the Polio Oversight Board, the governance body that provides strategic direction and unified leadership for the Global Polio Eradication Initiative (GPEI).

McGovern's appointment is a significant milestone for Rotary International, which cofounded the GPEI in 1988 and has contributed more than US\$2.9 billion — along with countless volunteer hours — toward ending polio worldwide. In his new role, McGovern will help coordinate the work of the GPEI's partner organizations and steer efforts to safely and sustainably reach the goal of a polio-free world. He will also continue to chair Rotary's International PolioPlus Committee, a role he has occupied since 2014.

"Serving as chair of the Polio Oversight Board is an honor and a responsibility," says McGovern. "We stand closer than ever to achieving a world free of polio. Together with our partners and the millions of volunteers who make this work possible, we will finish the job."

The transition comes at a critical moment in the polio eradication endgame. While global polio cases have dropped by more than 99.9%, challenges remain in areas with limited health infrastructure,

persistent conflict, or complex access issues. McGovern will play a vital role in aligning strategy, ensuring accountability, and guiding resource allocation for the GPEI's partners. These include Rotary International, the World Health Organization, UNICEF, the U.S. Centers for Disease Control and Prevention, the Gates Foundation, Gavi, the Vaccine Alliance, and many national governments.

McGovern has been a Rotary member since 1986. He has served as director and vice president of Rotary International and trustee and vice chair of The Rotary Foundation. He will begin his two-year term as Polio Oversight Board chair on 1 January 2026.

(Courtesy by Rotary International- 8-Dec-2025)

